

ISSUE: 31.05 President: Rtn. Debasis Datta | Secretary: Rtn. Banashree Mitra | Editor: Rtn. Swapna Bhattacharjee  
11<sup>th</sup> September 2021

Welcome DG Rtn Prabir Chatterjee and First lady Rubena Chatterjee to Rotary Club of Calcutta Inner City on 11<sup>th</sup> September for DG Visit



## 27<sup>th</sup> AUGUST RWM MINUTES

1. President Debasis Calls meeting to order at 7.00 PM
2. National anthem was sung led by Rtn Swapna Bhattacharya
3. Leave of absence – Rtn Sunil Sonika, Rtn Anindya Pal Choudhuri, Rtn Souvik Ghosh
4. 1 guest attended the RWM –Tunir Chakraborty (Guest of Rtn Bani Roy Chowdhury)
5. Discussions about current projects and future projects- President Debasis discussed the current and future projects- launching of 'Dristi Dan Project 'was done on the 14<sup>th</sup> of August. On 15<sup>th</sup> August 10 Rotarians visited Rajanpur. Children participated in an Arts competition. 5 neem trees were planted. Talk on menstrual hygiene and cervical cancer vaccination was very successful amongst the mothers of children. On the 21<sup>st</sup> of August Blind sticks were donated to NIP. The next round of "she talks' – series of talks on women empowerment will be on Friday the 24<sup>th</sup> of September.

6. Secretaries' announcements – Birthdays and Anniversaries for the month of August were announced.

7. RWM was followed by the 'SHE TALKS'

8. **SHE TALKS**

Around 18 Rotarians and spouses joined for a 45-minute talk on women empowerment by Rtn Alokanda Roy. This session was moderated by Sarvani Goptu. Rtn Alokanda Roy gave a marvelous talk on her experience with model prison projects, juveniles in prison and her work with differently able children. It was a very informative talk and Rotarians enjoyed the session very much.

Vote of Thanks was given by President Debasis

9. The evening ended 8.20 PM.

## Projects since last RWM

### ➤ 28<sup>th</sup> August 2021

9 Rotarians of Rotary Club of Calcutta Inner City visited RCC Usthi today along with 2 guests.

The Rotarians were very impressed at the very good maintenance of the school.

The Rotarians met the teachers and enquired about the needs of the school. Some young students were also there, and they were very keen to rejoin school.

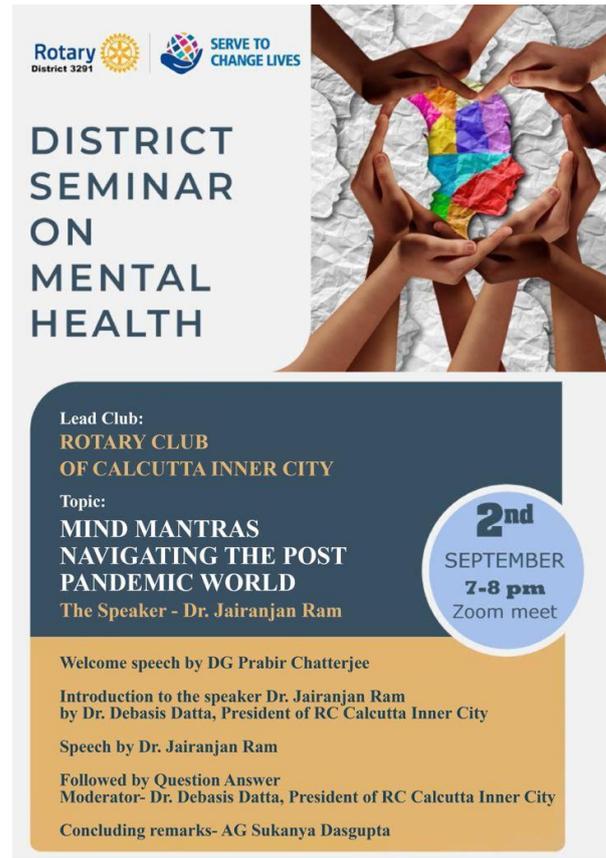
From the Rotary Club 2 desktops were donated for their computer center. 3 ceiling fans were also given and a donation of Rs7500 was given to a woman for her poultry farm. This woman has a very small poultry farm with 50 chicks. The money was given to her to buy 250 more chicks, buying food (maize) for the chicks and for repairing and extension of cage. We wish her all the success.

It was a very enjoyable visit.



➤ 2<sup>ND</sup> September 2021- District Seminar on Mental Health

Rotary Club of Calcutta Inner City was the lead club in the District Seminar on Mental Health. DG Prabir Chatterjee gave an introduction on the current problems of mental health in Corvid situations. Dr J Ram, a reputed Psychiatrist gave a wonderful talk on MIND MANTRAS - NAVIGATING THE POST PANDEMIC WORLD. He talked about the importance of communication, interaction with others and positive thoughts to improve one's mental state. He described his experiences about multiple mental issues encountered in the COVID scenario. His talk was followed by a lively interaction session moderated by Dr Debasis Datta. Multiple questions were asked on children's health and how to tackle the issues of loneliness, excessive use of gadgets and depression. Discussions on marital relationship, domestic violence also came up. The wonderful session ended with Vote of Thanks given by AG Sukanya Dasgupta. 206 Rotarians joined the ZOOM session.



The poster features the Rotary District 3291 logo and the 'SERVE TO CHANGE LIVES' slogan at the top. The main title is 'DISTRICT SEMINAR ON MENTAL HEALTH'. Below this, it lists the lead club as 'ROTARY CLUB OF CALCUTTA INNER CITY' and the topic as 'MIND MANTRAS NAVIGATING THE POST PANDEMIC WORLD'. The speaker is identified as 'Dr. Jairanjan Ram'. A circular badge indicates the date '2<sup>nd</sup> SEPTEMBER' and time '7-8 pm Zoom meet'. The bottom section of the poster lists the agenda: 'Welcome speech by DG Prabir Chatterjee', 'Introduction to the speaker Dr. Jairanjan Ram by Dr. Debasis Datta, President of RC Calcutta Inner City', 'Speech by Dr. Jairanjan Ram', 'Followed by Question Answer Moderator- Dr. Debasis Datta, President of RC Calcutta Inner City', and 'Concluding remarks- AG Sukanya Dasgupta'.



**Dr J Ram, a reputed Psychiatrist gave a wonderful talk on MIND MANTRAS - NAVIGATING THE POST PANDEMIC WORLD.**

➤ 4<sup>th</sup> September 2021

We from Rotary Club of Calcutta Inner-city have decided to take up this drive to collect old laptops from well-wishers and redistribute them to deserving and meritorious students over the course of the next few months. Today we donated 4 computers to the needy students at Silver Point School, Kasba. This will help them in their studies.

➤ 4<sup>th</sup> September 2021

Rotary club of Calcutta Inner City distributed food packets to 200 underprivileged children in collaboration with Robin Hood Army at Hastings. This project was sponsored by Rtn Amitava Ghose.



President and members distributing food packets at Hastings



➤ 4<sup>th</sup> September 2021

Members of Rotary club of Calcutta Inner City had their fellowship at Bengal Club, organised by club President Dr Debasis Datta. 50 members and spouses attended.

It was a marvelous event enjoyed by everyone.

As 5<sup>th</sup> September is the Teachers Day, 9 teachers of the club were felicitated.

Rtn Amitava Ghose entertained the members with card magic tricks.



Few teachers being felicitated for Teachers Day...



## Speaker for 'She Talks' on Women Empowerment on 24<sup>th</sup> September



**Mrs. Sanghamitra Mukherjee**

**(Rector Gokhale Memorial Girls School)**

## Birthday Greetings

<b>SEPTEMBER BIRTHDAYS</b>	
Swapna Bhattacharjee	01-Sep
Soma Sinha	17-Sep
Anindya palchoudhuri	16-Sep
Vikram Swarup	16-Sep
Bani Roy Chowdhury	14-Sep
Pradip Goswami	21-Sep
Souvik Ghosh	21-Sep
Ranjan Ganguly	17-Sep
Sunil Sonika	22-Sep

<b>OCTOBER BIRTHDAYS</b>	
Chandrani Chakraborty	12-Oct
Ritesh Kapoor	7-Oct
Smarajit Mitra	23-Oct
Amit Paul	16-Oct
Sudip Mukherjee	01-Oct
Amitava Ghose	09-Oct
P K Mukherjee	28-Oct

**Hope this pandemic ends soon and we get to meet each other..**

**Our Club continues to work relentlessly in this current challenging landscape and we are all Proud to be a part of it ...**

**Stay safe and healthy!**

